

**Wellness Begins Here, LLC and the
Pocono Environmental Education
Center (PEEC) present our**



2010 Summer Seasonal Health & Wellness Mixer

**Wednesday July 21, 2010
6:30pm to 9:00pm**

**ALL RELATED HEALTH &
WELLNESS SPECIALTIES
ARE WELCOME:**

Acupuncture
Integrative Medicine
Massage Therapy
Herbology
Yoga & Pilates
Reiki
Fitness Training
Health & Wellness Coaching
Nutrition
Life Coaching
Environmental Education
Lyme Treatments
Health Food
Hypnotherapy
Nutraceuticals
Ayurveda
Chiropractic
Art, Music & Dance Therapy
Stress Management
Pet Therapy
Green Living
Feng Shui
Meditation
Compounding Pharmacology
Qi Gong & Tai Chi
Tong Ren
Colon Hydrotherapy
Reflexology
Kinesiology and more...

WBH and PEEC welcome health & wellness practitioners, and everyone interested in pursuing a healthy lifestyle, to join together and connect in this casual setting. Local experts will have the opportunity to share information about balanced living, prevention and healing, with one another and with wellness enthusiasts from around our tri-state area.

For more information, directions and to pre-register, please visit

www.wellnessbeginshere.net

Or call 1.866.709.6005

Healthy snacks and refreshments
will be provided.

\$5.00 per person



LOCATION:
PEEC
Main Dining Hall
RR2 Box 1010
Dingmans Ferry, PA
570-828-2319
peec@peec.org
www.peec.org